

Spring is around the corner in the northern hemisphere!

And with its arrival, the opportunity to connect with the essence of who we are and leave our mark on the projects we lead.

During this time of the year despite the cold, when I notice the “intention” of a bud on a branch to later materialize into a flower, I never cease to be amazed.

Therefore, my reflections during this season revolve around our essence and intentions and their impact on our professional life.

- ✓ What are the attributes of my essence?
- ✓ What is my intention for this quarter?
- ✓ If I am aware of my essence and I connect with my intentions, what actions could help to better plant the right seeds in the projects I am leading or participate in?

.....

Meanwhile, something that might spark your own buds of intention...

- **An article of possible interest:** *“Being mindful, selfless & compassionate”*; published by Harvard Business Review in February 2019. #leadership
- **An insight:** The success of a Change Management Project is the sum of effective individual transitions. Therefore, managing the human side of change is to ensure change happens!

All the best this quarter!



Kamaleo[®] change specialists

.....

Let's connect!

www.kamaleo.net
info@kamaleo.net
Phone: +(52) 222 298 71 93